

# Website Bios

*drtimcrowley.com | For use on website and event materials*

---

## Short Bio

*approximately 90 words*

Tim Crowley has one mission: to help people choose better when it matters most. For over 25 years, he has reached more than 1.5 million people with something rare. Not just inspiration, but practical tools that create lasting change. Trusted by Fortune 500 companies and organizations nationwide, Tim delivers insights that stick and results that last long after the applause fades. He is the author of The Brightsiders Trilogy, a proud grandfather to Stella and Julian, and lives by one belief: Enjoy life. This is not a dress rehearsal.

---

## Long Bio

*approximately 175 words*

**Most speakers leave people feeling good for an hour. Tim Crowley leaves them different.**

For over 25 years, Tim has delivered more than 1,850 presentations to leaders and teams across corporate, healthcare, government, and nonprofit organizations nationwide. With a Ph.D. in Psychology and a 25-year background as a licensed therapist, he brings rare depth, credibility, and real-world insight to every stage.

At the heart of Tim's work is a simple, powerful truth: when hard things happen, you still get to choose. Better or bitter. That choice shapes your leadership, your relationships, and the life you build. For Tim, this is not theory. It is how he lives.

Audiences do not just leave inspired. They leave equipped with practical tools they use months later, language that sticks, and a renewed belief in what is possible for themselves and their teams.

Tim is the author of The Brightsiders Trilogy. Off stage, he is a dad, a proud grandfather to Stella and Julian, and a mountain biker who believes the best view always comes after the hardest climb.

---

*drtimcrowley.com | Website Bios | Locked Final*